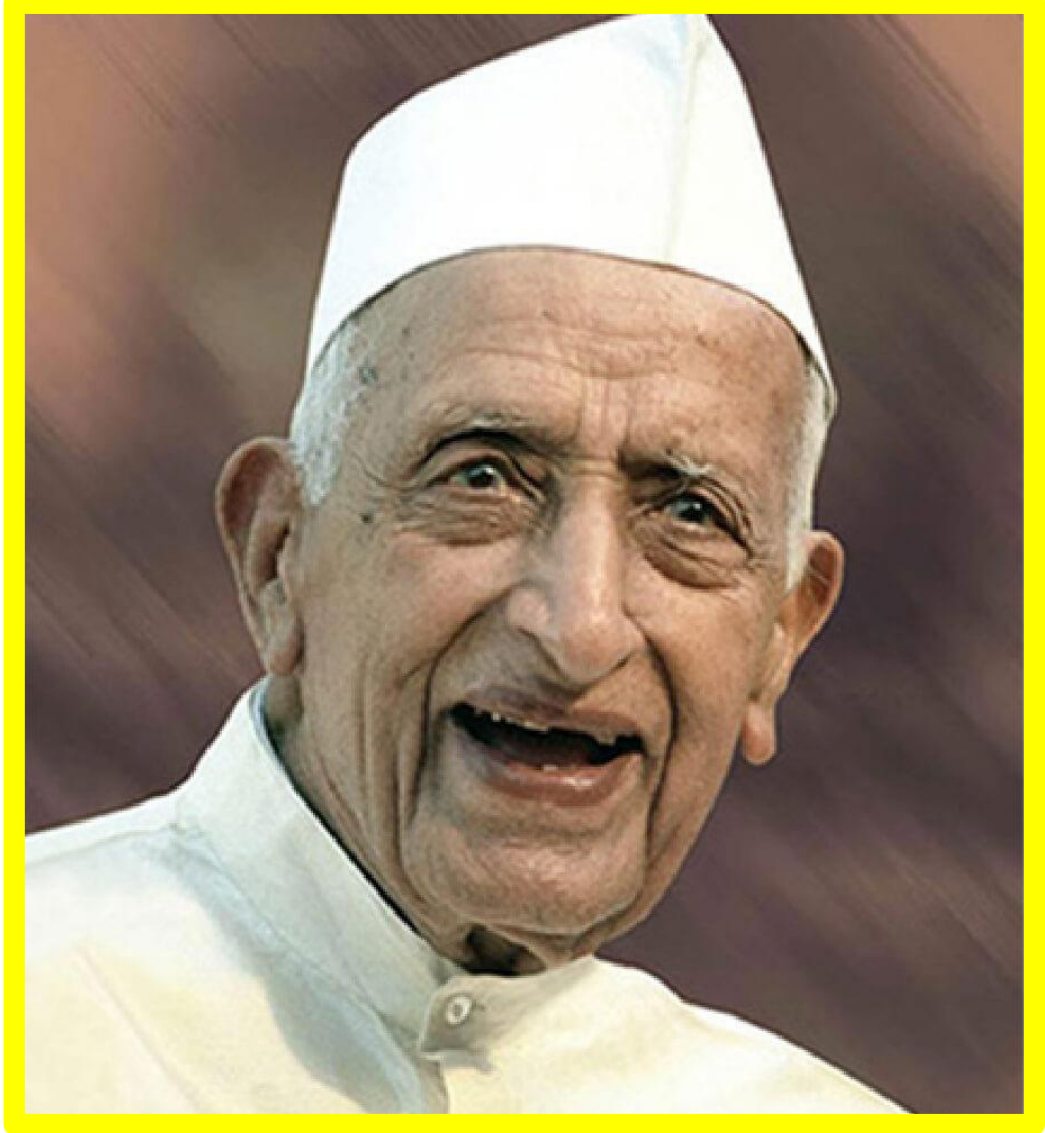


UDAAN

2024-25

INDEX

S.N.	CONTENT	PAGE NO.
1.	Padma Bhushan Shri Karamshibhai J Somaiya	1
2.	Prayer	2
3.	Vision and Mission	3
4.	Message from editorial desk	4-5
5.	Message from Principal's desk	6
6.	Message from Vice Principal's desk	7
7.	Message from Professor	8
8.	Annual Report	9-11
9.	Department Activities	12-15
10.	Community Activities	16-23
11.	NSS	24-25
12.	SPORT	26-31
13.	SNA	31-35
14.	Sport Day Achievers	36 -41
15.	Condolence to Mr. Nelson N Nadulkeri	42
16.	Poems, Articles, Songs	43-57
17.	Pookalam	58
18.	Artworks	59-61
19.	Photography	62-66
20.	Nurcon Report 2024	69
21.	Umeed	71
22.	Message from IQAC team	74
23.	Swachh Bharat Abhiyan	75
24.	Avishkar MUHS	77
25.	Rank Holders 2023 - 24	78
26.	Alumni Achievements	79
27.	Faculty Achievements	80
28.	Medical Surgical Nursing Departmental Activities	81-83
29.	Community Health Nursing Department	84
30.	Child Health Nursing Department	87
31.	Obstetrics and Gynecological Nursing Department	91
32.	Mental Health Nursing Department Activity	96



Padma Bhushan Shri Karamshibhai J Somaiya
1902-1999

न मानुषात् परो धर्मः

There is no religion greater than service to Humanity

PRAYER



ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।

पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥१॥

ॐ ईशावास्यमिदं सर्वं यत् किं च जगत्यां जगत् ।

तेन त्यक्तेन भुञ्जीथा मा गृधः कस्य स्विन्नम् ॥२॥

मूकं करोति वाचालं पङ्गुं लङ्घयते गिरिम् ।

यत्कृपा त्तमहं वन्दे परमानन्दमाधवम् ॥३॥

ॐ प्रणो देवी सरस्वती वाजेभिर्वाजिनीवती धीनामवित्र्यवतु ।

ॐ चोदयित्री सूनृतानां चेतन्ती सुमतीनाम् । यज्ञं दधे सरस्वती ॥४॥

ॐ असतो मा सद्गमय । तमसो मा ज्योतिर्गमय ।

मृत्योर्माऽमृतं गमय ॥५॥

ॐ सहनाववतु सहनौ भुनक्तु सहवीर्यं करवावहै । तेजस्विनावधीतमस्तु, मा विद्विषावहै ॥६॥

सर्वेऽत्र सुखिनः सन्तु सर्वे सन्तु निरामयाः ।

सर्वे भद्राणि पश्यन्तु मा कश्चिद् दुःखमाप्नुयात् ॥७॥

ॐ शांतिः । शांतिः । शांतिः ॥

K. J. SOMAIYA SCHOOL/COLLEGE OF NURSING

VISION

Impart nursing education to prepare professionals who are knowledgeable, skillful, having professional attitudes for rendering nursing services at par with global standards.

MISSION

Aspire and strive for excellence in education and service by creating a conducive teaching learning environment and developing the human potential of students for the benefit of society.

GOALS

- Educate and empower a diverse population of male & female graduate nurses for professional nursing practice irrespective of age, cast, creed, and religion in a variety of settings.
- Contribute to scholarly development of professionals through integration of theory, research and clinical practice.
- Provide an education foundation to promote self-reliance, cultural competence, ethical sensitivity, leadership and lifelong learning in nursing profession.
- Contribute towards global improvement of health care through individual, collaborative and interdisciplinary efforts.
- Provide an environment and infrastructure that supports academics, scholarly publications, research, and health care services.
- Provide a mechanism for continuous program assessment, evaluation and improvement.
- To attract and retain the best professional talents through continuous professional and personal development programs, reward and honors for excellence.

FROM THE EDITORIALS DESK...

Welcome to the 9th edition of the annual magazine "UDAAN" of K. J Somaiya School and College of Nursing.

Since our first edition in 2015-16, we have consistently pushed to raise the bar, creating a college magazine that's informative, captivating, dynamic, and second to none. We are thrilled to announce that our college magazine will now be accessible in both digital and print formats.

This magazine is a keepsake of our collective journey, filled with poignant reminders of our accomplishments, memories, and the unforgettable experiences that have shaped the past year. As we have brought this edition, we would like to take a moment to express our deepest gratitude to each and every one of you who has contributed in making this magazine a reality.

We sincerely thank Dr. Avani Oke (Principal) Dr Jayshree Salvi (Vice principal) for their constant encouragement and untiring effort to bring out the best in all over faculties and students which has led to the shaping of this magazine.

To our esteemed faculty members, whose guidance and expertise have been invaluable in shaping the content of this magazine, thank you for your tireless efforts.

To our student writers, photographers, and achievers, your creativity, enthusiasm, and dedication have brought this magazine to life. We assure you that this magazine will be a memorable experience, one that will resonate with you and hold a special place in your heart for years to come.

And to our readers, who have supported us throughout this journey, your encouragement and feedback mean the world to us. We would also like to thank the Nirmiti Arts (Printer) for having done this work in an excellent manner.

Here's a small poem to capture the essence of Udaan:

"Wings of imagination, soaring high
Voices of youth, echoing by
Udaan, a dream, a vision, a flight
Celebrating creativity, shining bright"

In this edition, we bring you a diverse range of articles, stories, and poems that reflect the vibrant spirit of our college community. We hope you enjoy reading it as much as we enjoyed creating it.



Dr. Sushma Pandey

Ms. Sanjana Pawar

Ms. Sanika Haldankar

Principal's Desk

It gives me immense pleasure to witness the launch of Udaan, a remarkable initiative by our Nursing School and College. This magazine serves as a vibrant platform for our students and faculty to express their creativity, knowledge, and talents across various fields.

Udaan symbolizes growth, aspirations, and the limitless potential within each of us. I am confident that this endeavour will not only nurture literary and artistic expression but also inspire innovation and excellence in our academic community.

I extend my heartfelt appreciation to the editorial team for their dedication and vision. May Udaan continue to soar high, expanding its reach and impact in the years to come. Wishing you all great success!



Dr. Avani Oke.
Principal

Vice Principal's Desk

Good Morning & Suprabhat from the Vice Principals Desk !

I take this opportunity to congratulate the whole team of 'UDAAN' teachers and students to explore their talent in different categories of Arts, Poetry, Jokes, Photography & Articles, & thank them from bottom of my heart for making this 'UDAAN' Magazine a successful Journey.

I feel that 'UDAAN' gives everyone a better opportunity to explore their extra curricular talents.

Thank You once again for uncovering potential & hidden talents in each of you.!



Dr. Jayashree Salvi.
Vice Principal

Message by Professor

Dear Students and Faculty,

As we celebrate another year of academic excellence and compassionate care, I am honored to share my thoughts with you through this magazine.

This magazine showcases the incredible work of our students, faculty, and alumni, highlighting their achievements, research, and community service. It is a testament to your talent, passion, creativity, and perseverance.

As you flip through these pages, I encourage you to reflect on your own journey, values, and aspirations. Remember that nursing is a lifelong learning journey, and it is our responsibility to stay updated, innovate, and advocate for our patients and profession.

I offer my sincerest appreciation to the editorial team, contributors, and everyone involved in creating this magazine.

Let us continue to inspire, motivate, and support each other in our pursuit of excellence in nursing education, practice, and research.



Dr. Sushma Pandey
Professor

K. J. Somaiya School & College of Nursing

ANNUAL REPORT

(AUGUST 2023 – JULY 2024)

Workshops, Sessions, Conferences and Courses:

Sr. no	Date	Name of the	Participants	Departments
1	22 nd November 2023 to 30 th January, 2024 session per week - 13 sessions)	Capacity Building among Senior Nurse/ Team Leader/ Supervisor for implementation of Newer Perspectives in Nursing Services- ECHO	20	Child Health Nursing Department
2	18 th August, 2023	Simulation Workshop Enabling breastfeeding- Making a difference for working parents August, 2023	30	Obstetrical Gynecological Nursing
3	19 th - 21 st December, 2023	MET - Workshop Collaboration with MUHS & Medical College	30	Obstetrical Gynecological Nursing
4	01 st September, 2023	A group counselling session was organized for developing the physical and mental morale of teaching, non-teaching and supportive staff	40	IQAC

5	6 th January, 2024	Happy thoughts session organized by Mental Health Dept.	All faculty & students	Mental Health dept.
6	5 th & 6 th March, 2024	National Virtual Conference - Theme- "Palliative care - A guide for today's Nurse"	91	Medical Surgical Nursing

Value Added Courses:

S. N.	Date	Topic	Name of the Resource Person/Organizer	Beneficiaries
1	25 th February 2023 & 9 th & 10 th August, 2023	Self Defense	Mr. Manoj Barde	1 st yr B Sc Nsg & 1 st year GNM
2	11 th to 23 October, 2023	Yoga	Dr. Sushma Pandey	1 st yr B Sc and 1 st yr & 2 nd Yr M. Sc Nsg.
3	30 th January, 2024	A. V. Aids workshop	Ms. Vrushali Ghate	Semester-I B.Sc. Nsg and 1 st year GNM
4	14 th & 15 th March, 2024	Digital Literary – Canva, Artificial Intelligence & Photography	Mr. Shashank Bhosale	IV semester – B Sc Nursing
5	19 th & 20 th March, 2024	Disaster Management	Mr. Rajendra Lokhande & Team	IV semester – B Sc Nursing

Add On Courses:

S.N.	Date	Topic	Name of the Resource Person/Organizer	Beneficiaries
1	12 th October 2023	Research Publication, copyrights and Patents	IQAC & IRC Resource Person Dr. Mayur Wanjari & Dr. Asutosh Bagde	M Sc Nsg students
2	12 th , 13 th & 15 th December, 2023	Basic Research Methodology Workshop	K. J. Somaiya College of Physiotherapy (MUHS)	1 st year M.Sc Nsg Students
3	2 nd –15 th Jan. 2024	Advanced Applied Drill	K. J. Somaiya Hospital & Research Centre	2 nd year M. Sc Nursing

Other Sessions:

S. N.	Date	Topic	Name of the Resource Person/Organizer	Beneficiary
1	18 th August, 2023	Psychological Impact of Ragging and Building Resilience	Ms. Kshitija Sawant	1 st year B Sc & 1 st Year GNM students

Departmental Activities:

S. N.	Departments	Date	Name of the Activity	Participants
1	Mental Health Nursing	12/1/2023-13/4/2023	Capacity Building among Nurse Educators for implementation of Newer perspectives in Nursing curriculum	79
		20/02/2023	Kindness Day	235
		26/9/2023	World Alzimer's Day	30
		27/9/2023	World Suicide Prevention Day	200
		10/10/23	World Mental Health Day Motivational Talk	270
		26/10/23	Suicide Prevention awareness session	149
2	Medical Surgical Nursing	03/11/23	Therapeutic touch for Arthritis patients World Arthritis Day	15patients

		28/11/23	First Aid and CPR training	22
		05/12/23	Health Education & Booklet distribution World AIDS day	100 HIV patients
3	Child Health Nursing Department	7/8/2023	Breast feeding week celebration Expert talk on “Challenges in breastfeeding working women” Street Play on “Breast Feeding “	3 rd Year GNM & 3 rd Year BSc, 2 nd year GNM. ANC ward, PNC ward
		4/11/23	Children’s day celebration on.	50 orphanage students
		22/11/23 to 31/01/24	ECHO on Nursing Leadership Building for implementation of Newer Perspectives in nursing Services.	32 Nursing Leaders/Managers from K.J. Somaiya Hospital & Sushrut Hospital

4	Community Health Nursing	19/07/ 23 to 23/09/23	APEX SDG championship	GNM, B Sc Nsg & M.Sc Nursing
			Cloth carry bag activity	
			Challenge walking of 10,000 steps in 90 minutes	
			Yogathon for youngsters	
			Rally on elderly abuse	
			Picket process for plastic bags	
			Millet lunch box	
			Awareness for environment/sustainability	
			World environment day celebration	
		16 th October, 2023	Blood Donation Camp	K. J. Somaiya College of nursing

5	Obstetrical & Gynecological Nursing	18/8/2023 9.30-1.00 PM	Breastfeeding week celebration Simulation workshop	Participants - 20 students 5 faculty
		18/8/2023 9.30-1.00 PM	Breastfeeding week celebration Simulation workshop	Participants- 20 students 5 faculty
		18/10/2023	Simulation Training On Breastfeeding & KMC. Insertion of Interval & PPIUCD. PPH Obstetrical shock. Normal delivery & Active management of third stage.	Participants- UG- 32 PG -2 Faculty- 1
		19/12/2023	Basic workshop in health science education technology.	Participants - 30
		11/8/2023	DISHA session on Antenatal advice Somaiya ANC OPD	Participants 10 students (4 th yr B Sc)

Community Activities:

S. N.	Year	Activities	Date	Venue
1	1 st year GNM Departmental activity	Christmas celebration at BMC school	16 December 2023	BMC School, Pratikha Nagar
2		Role play on Tobacco consumption	10 th January 2024	Shastrinagar compound
3		Role play on Phone addiction	11 th January 2024	Almera Compound
4	3 rd year GNM Departmental activity	Demonstration of self breast examination	14 th December 2023	Somaiya Vidhya Mandir Higher secondary school, Sakarvadi
5		Role play on junk food	14 th December 2023	Somaiya Vidhya mandir Higher secondary school, Sakarvadi
6		Skit on self defence	14 th December 2023	Somaiya Vidhya Mandir Higher secondary school, Sakarvadi
7		Role play on obesity	14 th December 2023	Somaiya Vidhya mandir Higher secondary school, Sakarvadi
8		Demonstration of feminine bag	14 th December 2023	Somaiya Vidhya mandir Higher secondary school, Sakarvadi
9		Skit on women empowerment	15 th December 2023	Gandhi Maidan post office sakarwadi

Faculty Development Program:

Sr. no	Date	Name of the workshop	Resource Person	Name of faculty who attended
1	12 th October, 2023	Research Publication, Copyrights and Patents organized by IQAC & IRC	1) Ms. Mayur Wanjari 2) Dr. Ashutosh Bagde	All faculty
2	25 th October, 2023	Innovative Teaching Methodology (Nasco Health care)	Ms. Ahuja and Mr. Ashutosh Mulye	All faculty

Conferences/Workshop attended by Teaching Faculty:

S, No	Date	Theme	Level	Organizing Institute	Name of faculty who attended
1	7 th August to 12 August, 2023	Indian Nursing Council Simulation Training of Trainer for the simulation based Education	National	Indian Nursing Council, Delhi	Dr. Sushma Pandey
2	5 th October to 11 th October, 2023	Research Methodology workshop (MUHS)	State	Terna Nursing College	Ms. Jovita Alex

3	7 th & 8 th October, 2023	National Critical Care Nursing Conclave	National	Organized by Yashoda Hospital, Hyderabad	Dr. Sushma Pandey
4	9 th & 14 th October, 2023	INC Simulation based Training	National	Indian Nursing Council, Delhi	Ms. Smita Barmase
5	12 th October, 2023	Research Publication copyright & Patent	---	Organized by IQAC & Inservice Dept.	Ms. Ajita Chavan Ms. Ankita Mane Mr. Akanksha Pawar
6	12 th & 13 th October, 2023	National Conference – Integrating and Implementing Nursing Research	National	Organized MKSS, Sitabai Nargundkar College of Nursing for Women, Nagpur	Ms. Neha Wasnik
7	12 th & 13 th October, 2023	XII SNA State Conference	State	Organized by SNA	Mr. Mr. Mohd. Yusuf Ms Pooja D.
8	16 th & 17 th October, 2023	Partner Launch Training (Western Region)	State	Organized by ECHO	1) Dr. Avani Oke 2) Swati Yadav 3) Ms. Priyanka Bhoite

9	16 th & 17 th October, 2023	Echo Training for Capacity Building	State	Organized by ECHO	Ms. Swati Yadav, Ms. Priyanka S.
10	25 th October, 2023	Innovative Teaching Methodology	--	Nasco Health Care product	All faculty
11	26 th October, 2023	Suicide & Prevention (Webinar)	State	Organized by MUHS	Faculty
12	3 rd , 15 th , 22 nd & 28 th November, 2023	Mapping of Program outcome, Course out come on Revised B Sc Nursing Syllabus	State	Vinayaka Missions College of Nursing (Zoom)	Dr. Avani Dr. Jayashree Ms. Neha Ms. Priyanka Ms. Rashmi Ms. Smita
13	4 th November, 2023	TOT for International patient goals (zoom)	- -	ANEI	Ms. Priyanka Ghodake
14	23 rd November, 2023	Pre- Conference Workshop – National Conference – Family Adoption Programme	National	K. J. Somaiya Medical College & Research Centre	Dr. Jayashree Dr. Sonali Ms.Naina Ms. Ashwini Ms. Reena
15	29 th November, 2023	Intellectual Property Rights	-- -	Holy Family Institute of Nursing Education in Collaboratio n with MNC	Ms. Greeshma

16	23 rd & 24 th November, 2023	National Conference on Health professions education (Values and skills in digital era)	National	K.J. Somaiya Medical College and Research Centre.	Ms. Preeti B and Ms. Pooja T (Organizer and Delegate) Ms. Rashmi C.
17.	28 th November, 2023	CNE on Intellectual Property Rights	State	Holy Family Institute of Nursing Education in Collaboratio n with MNC	Ms. Greeshma A
18	25 th November, 2023	HCG National Nursing Conference. “Building and promoting Nursing Excellence.”	National	Bharat Ratna Auditorium, Mira Road, Bhayender	1 st yr M.Sc students and Ms. Dhanashree and Ms. China
19	13 th – 15 th December	Visit to Manipal for sharing based practices	National	Manipal College of Nursing	Dr. Avani Ms. Priyanka Ms. Rashmi
20	12, 13 & 15 th January, 2024	Research Methodology workshop (MUHS)	State	K.J.Somaiya College of Physiothera py	Ms. Snehal Ande
21	19 th & 20 th March, 2024	Disaster Management	State	Disaster Managemen t Cell, MCGM	Ms. China M. Ms. Dhanashree S. Ms. Greeshma R.

Conference/ Workshop attended by Non-Teaching Faculty:

Sr.No	Date	Theme	Level	Organizing Institute	Name of faculty who attended
1	28 th November, 2023	FDP- CPR & First Aid	- -	Somaiya Vidyavihar	Mrs. Chhaya D. Ms. Deepali G. Ms. Pallavi T. Ms. Sneha K. Ms.Shaila Ingle
2	19 th & 20 th March, 2024	Disaster Management	--	Disaster Management Cell, MCGM	Mrs. Chhaya D, Ms. Pallavi T.

Faculty Achievements:

The following faculty were invited as resource persons. The details are as follows:

Sr.no	Date	Name of the Faculty	Title of the Topic	Venue	Details
1	29 th September, 2023	Dr. Sonali Sangrulkar	Session on, “ Academic Integrity	Holy Spirit Institute of Nursing Education	--- -
2	6 th November, 2023	Dr. Avani Dr. Jayashree Dr. Sushma Dr. Shweta Dr. Sonali	Felicitation Ceremony	Terna Nursing College	Organized by Nurses of India in Collaboratio n with Terna Nursing College

4	28 th November, 2023	Ms. Priyanka Gurav Ms. Jovita Alex	CPR - Basic organized by Somaiya Vidyavihar	SVU in collaboration with K.J. Somaiya College of Nursing	Organized by SVU in collaboratio n with K.J. Somaiya College of Nursing
5	30 th November, 2023	Dr Shweta Kshirsagar	First Aid workshop	7 th and 8 th Grade students by Young Concepts Healthcare Services Pvt Ltd.	Organized by Gurunanak National High school, Mumbai
6	12 th December, 2023	Dr Shweta Kshirsagar	First Aid workshop	Shree Vallabh Ashram English Medium School	Organized Shree Vallabh Ashram English Medium School
7	7 th - 9 th December, 2023	Dr. Avani Oke	As an Expert	Tata Hospital	Tata Hospital
8	6 th January, 2024	Ms. Priyanka Ghodake	Resource Person- Priyanka Ghodake	MGM Hospital School of Nursing	Organized MGM Hospital School of Nursing for Nursing Students
9	20 th January, 2024	Dr. Sushma Pandey	Transformatio nal leadership	Government College of Nursing, Chhattisgarh	Organized Government College of Nursing, Chhattisgarh

10	12 th & 21 st March, 2024	Ms. Rashmi Chavan	Clinical Skill training workshop for S.L. Raheja Hospital	K.J.Somaiya College of Nursing	Organized by K.J.Somaiya College of Nursing
11	4 th April, 2024	Dr. Avani Oke	TNAI Principal Meet – as a panelist	The Orchid Mumbai, Vile Parle(E), Mumbai	Organised by TNAI

Appreciation and Awards

1. Librarian's Day celebration in Vidyavihar on 01-09-2023, Appreciation received to Ms. Manisha Vhatkar in recognition of contribution towards library development and services.
2. The Community Department (Dr. Sonali. Dr. Jayashree, Ms. Naina & Ms. Reena) has successfully demonstrated its support to sustainable Development Goals & Social Responsibility by conducting District Eco-SDC. Received outstanding performance grade from District Eco- SDG Champion 2023.
3. Ms. Priyanka Ghodake completed the course of Heartsaver (First Aid & BLS), AHA Certified from LIHS Bandra.
4. Ms. Priyanka Ghodake was invited as an expert to conduct Mock NAAC for Vikhe Patil College of Nursing on 21st November 2023.
5. Faculty are conducting TOT skill training for Senior nurses in Sushrut Hospital twice monthly as Community Social Responsibility.
6. Dr. Sushma Pandey is involved in assisting the clinical side for nursing quality improvement and completed training the nurses in urinary catheterisation.
7. Ms. Chhaya Deshpande received the Outstanding Employee Award on Somaiya Foundation Day on 1st December 2023 at Somaiya Vidyavihar.

8. K. J. Somaiya College of Nursing received the Outstanding Institute award on Somaiya Foundation Day on 1st December 2023 at Somaiya Vidyavihar.

9. Ms. Rashmi Chavan was presented poster in MUHS Avishkar Competition on 6th December 2023.

10. Mrs. Chhaya Deshpande participated in 100mtr and 400mtr and won awards at the Staff Somaiya Athletes (TOSS-2024) meet held on 18th and 19th January 2024 at Somaiya Vidyavihar.

STUDENT ACTIVITIES

SNA Unit Level

Sr No	Month	Date	Activities	Organiser/ Resource/ Collaboration
1	August, 2023	4th August	Breast feeding week Celebration	Department of D. Y. Patil College of Nursing
2		7 th August, 2023	Anti Ragging - essay writing competition - Theme, “Unity against anti ragging”.	4 th year B Sc Classroom
3		13th August	Independence day Celebration: - • Poetry recitation competition Topic :- 1. Aazadi ka amrutmohotsav 2. Har ghar trianga	NSS Unit

4		15th August	Independence day celebration (77th)	K.J.Somaiya College of Nursing
5		17 th August	Essay writing Competition for Anti-Ragging Awareness	K.J.Somaiya College of Nursing
6	September, 2023	4 th September	International nutritional week:- • Healthy Breakfast competition	K.J.Somaiya College of Nursing
7		5th September	Teachers day celebration class wise	K.J.Somaiya College of Nursing
8		8 th September	International Literacy Day • Slogan Making Competition	K.J.Somaiya College of Nursing
9		8 th & 9 th September	Aarti Competition & Thali Decoration	K.J.Somaiya College of Nursing
10		14th September	National Hindi Day celebration • Poetry recitation competition	K.J.Somaiya College of Nursing
11		18 th September 2023	Patients Safety week Fire Drill was organised	K.J.Somaiya College of Nursing
12	October	27 th October, 2023	Navratri Celebration Best Outfit Competition (Male & Female) Best Garba Group	K.J.Somaiya College of Nursing

Sports

Title		Date	Event Name and City	Description
TNAI Sports-			TNAI Sports	Nausheen Shaikh Chandrakant Rathod
100 Meter Running				Girls - 1] Shifa Shaikh 2] Vaishnavi Randaine 3] Jiya Mhatre 4] Pranali Shirodhkar
4×100 Relay Race				Boys - 1] Krishna Sonigiri 2] Vishnu Arun Thathiyar 3] Aakash Chauhan 4] Pratham Kadiyal
Javeline Throw				Samuel Waghmare Aboo Shama - 2 nd Prize Seema Desai Aboo Shama Akash Chavan(3 rd Prize)
Shot Put				

Sr No	Month	Date	Activities	Organiser/ Resource/ Collaboration
1	August, 2023	4th August	Breastfeeding week Celebration	Department of D. Y. Patil College of Nursing
2		7 th August, 2023	Anti Ragging - essay writing competition - Theme, "Unity against anti-ragging".	4 th year B Sc Classroom
3		13th August	Independence day Celebration:- <ul style="list-style-type: none"> Poetry recitation competition <p>Topic :-</p> <ol style="list-style-type: none"> Aazadi ka amrut mahotsav Har ghar trianga 	NSS Unit
4		15th August	Independence Day celebration (77th)	K.J.Somaiya College of Nursing

5		17 th August	Essay writing Competition for Anti-Ragging Awareness	K.J.Somaiya College of Nursing
6	September, 2023	4 th September	International nutritional week:- <ul style="list-style-type: none"> • Healthy Breakfast competition 	K.J.Somaiya College of Nursing
7		5 th September	Teachers day celebration class wise	K.J.Somaiya College of Nursing
8		8 th September	International Literacy day <ul style="list-style-type: none"> • Slogan Making Competition 	K.J.Somaiya College of Nursing
9		8 th & 9 th September	Aarti Competition & Thali Decoration	K.J.Somaiya College of Nursing
10		14 th September	National Hindi Day celebration <ul style="list-style-type: none"> • Poetry recitation competition 	KJ.Somaiya College of Nursing

11		18 th September, 2023	Patients Safety week Fire Drill was organised	K.J.Somaiya College of Nursing
12	October	27 th October, 2023	Navratri Celebration Best Outfit Competition (Male & Female) Best Garba Group	K.J.Somaiya College of Nursing

Workshops/ Webinar

- 1) Students attended Webinar conducted by MUHS on Suicide & Prevention by Dr. Anuradha Sovoni on 26th October 2023 at 3.00pm.
- 2) 1st 2nd year M Sc Nursing students attended a workshop on “Empowering Global Health” on 1st November 2023 organized by Jaslok Hospital.
- 3) Observance of Vigilance Awareness week was celebrated from 30th October to 5th November 2023 in K. J. Somaiya College of Nursing and taken integrity pledge and Slogan were taken up as focus areas by the institute.
- 4) 1st yr M.Sc. students attended a National conference on 25th November organized by HCG on the theme Building and Promoting Nursing Excellence.
- 5) 4th Semester students attended a session on stoma care in Tata Memorial Hospital on 30th November 2023.
- 6) 4th Semester B.Sc Nursing and 1st Yr GNM attended a session organised by MUHS on Antimicrobial resistance One health by Dr. Jayanti Shastri
- 7) All students attended the online CPR awareness video organised by National Board of Examination in Medical Sciences(NBEMS) along with INC on 6th December, 2023. Ms. Priyanka G and Jovita were the Nodal Officers.

Students representation (Outside institute) and Achievements

Sr. No.	Date	Activities	Venue
1.	5th & 6 th December 2023	3 rd Yr B.Sc: Mr. Sahil J, Ms. Pavithra S, Sanika Haldankar 2 nd Yr M.Sc: Mayuri Sonawane MUHS Avishkar Research Competition	MUHS Nashik

NSS Activities

The following activities were conducted:

SR.NO.	DATE	VENUE	ACTIVITY
1	3 rd August 2023	K. J. Somaiya Hospital and Research Centre, OPD	Role Play on Organ Donation Awareness done by NSS volunteers. Beneficiaries: 100
2	15 th August 2023	K. J. Somaiya Hospital and Research Centre	Celebration of 77 th Independence Day. NSS volunteer gave a speech. 'Meri Mati Mera Desh' program was conducted.
3	18 th August 2023	K. J. Somaiya College of Nursing	Orientation Program was done for 22 volunteers

4	3 rd October 2023	K. J. Somaiya College of Nursing	Swatchata Shapath taken in order to observe Swatch Bharat Abhiyan by the volunteers and other students.
5	6 th October 2023	K. J. Somaiya Hospital and Research Centre, OPD	Role play done on Non- violence by NSS volunteers Beneficiaries: 22
6	13 th October 2023	Kala Ghoda, Fort, CST	Medical Check-up Camp. NSS students participated for the same. Beneficiaries: 58
7	16 th October 2023	K. J. Somaiya College of Nursing	Blood Donation Camp conducted by NSS team. Blood Units collected: 40 units
8	22 nd October 2023	Antophill Badsai Society, Wadala	Speciality Health Camp to spread awareness about health and well-being. Beneficiaries:70
9	25 th October 2023	Goregaon Education Society, Goregaon West	Multispeciality Health Camp NSS students participated in the same. Beneficiaries: 100

10	6 th November 2023	K. J. Somaiya College of Nursing	Children Day Celebration: Fund raising activity in Collaboration with Vatsalya Aashram
11	13 th December 2023	K. J. Somaiya Medical College, Auditorium	Role Play on HIV & AIDS awareness done by NSS volunteers. Program conducted in collaboration with SAHAS unit of K. J. Somaiya Hospital Beneficiaries: 150.
12	16 th January 2024	Hanuman Temple Tilak Nagar, Chembur	Temple clean-up Drive conducted by NSS volunteers. NSS team was appreciated by the temple authorities.
13	26 th January 2024	K. J. Somaiya Hospital and Research Centre	Republic Day Celebration: NSS volunteers in collaboration with the hospital organised cultural program.
14	29 th January 2024	K. J. Somaiya School and College of nursing	Voters Registration Drive was organised in the college for the nursing students to do their registration for Voters ID. Beneficiaries: 50 students.

Visitors

I. Shri J.P. Dange IAS (Retd), Chairman from Admission Regulating Authority, Maharashtra State & Former Chief Secretary, Govt. of Maharashtra visited the institute as part of centralized Admission Process (CAP).

II. Centrepont Personnel, Mittelpunkte Personnel GMBH Germany visited the college on 2 November 2023 for German as an additional language for students.

Alumni involvement

The alumni executive meeting was conducted on 9th November 2023. Alumni were invited to conduct expert sessions for GNM and B.Sc. students.

New Developments

a) Infrastructure-

1. Procured Wi-fi connection in the School of Nursing.
2. Purchased a Scanner, Printer and desktop.
3. Received 5 Lakh donation from EI Design.

b) Consultancy-

1. MOU with Centrepont Personnel, Mittelpunkte Personal GMBH. Germany for German Language as an additional language for students. It was signed on 2nd November 2023.
2. Skill training for the Senior Nurses of Sushrut Hospital
3. Dr. Sushma performs dual roles and assists in nursing quality improvement.
4. Signed MOU with IT college and prepared Module for medicine transcription for Semester III.

c) Academic-

- NAAC 1st Cycle inspection was done by PTV on 13th and 14th September and received A grade with CGPA 3.17.
- IIRF ranking 1st in Mumbai, 9th in Western region and 47th in India.
- New Google forms prepared in view of NAAC.
- CO, PO mapping done.
- International Collaboration with Thumbay University is being planned in March 2024.

SPORTS DAY ACHIEVERS

Best player boy	Romeo Koli (yellow house)
Best player girl	Vaishnavi Patil (green house)
Best house	Green house
Faculty Musical Chair Winner	First prize: Dr. Jayshree Salvi mam First runner up: Ms. Neelam Kanse
Faculty treasure hunt	Dr. Avani Oke, Dr. Sushma Pandey, Dr. Jayshree Salvi, Ms. Swati Bhalerao, Ms. Sanjana Pawar, Ms. Rashmi Chavan, Ms. Snehal Doiphode, Ms. Dhanashree d., Ms. Sneha Kamble, Ms. Neena, Ms. Shifa, Ms. Reena Sathe, Mr. Swapnil
Food stall winners	First prize: 1st Semester First runner up: 2nd yr GNM

INDIVIDUAL WINNERS

Relay : (Boys)	First prize: (Green house) Riddhesh , Vishal , Tushar k , Deven Second prize: (Yellow house) Justin Metri , Babasaheb, Sahil r , Romeo Koli
Relay (Girls)	First prize: (Red house) Shifa , Ananya , Anushka , Siyanda Second prize (Green House) : Vaishnavi Patil , Ashwini, Gayatri , Shaili
Javelin throw (Boys)	First Prize (Yellow house) : Romeo Koli Second Prize (Blue house) : Prasad Mapari Third prize (Yellow house) : Vishnu Arunthathiyar
Javelin throw (Girls)	First prize (Green house) : Vaishnavi Patil Second prize (Green house) : Deepali Saroj Third prize (Yellow house) : Shraddha Jadhav

Disc Throw (Boys)	First Prize (Yellow house): Vishnu Second prize (Yellow house): Yash Third prize: (Red house) : Arjun Khande
Disc throw (Girls)	First Prize (Green house) : Vaishnavi Patil Second prize (Yellow house) : Shraddha Third prize (Green house): Akanksha
100m run (Boys)	First Prize (Green house) : Vishal Gavitt Second Prize (Yellow house) : Sahil Rajkumar Third prize (Red house) : Ricky Kamble
100m run (Girls)	First Prize (Red house) : Siyanda Second prize (Yellow house) : Jiya Mhatre Third prize (Blue house) : Preshita M
200m run (Boys)	First Prize (Green house) : Deven Gaikwad Second prize (Red house) : Manav Sanap Third Prize (Blue house) : Pratik Patil

200m run (Girls)	<p>First prize (Red house) : Siyanda</p> <p>Second prize (Green house) : Vaishnavi Patil</p> <p>Third Prize (Yellow house) : Shraddha</p>
Shotput (Boys)	<p>First Prize (Green house) : Riddhesh</p> <p>Second prize (Red house) : Harshal</p> <p>Third Prize (Blue house): Vighnesh</p>
Shotput (Girls)	<p>First prize (Green house) : Vaishnavi Patil</p> <p>Second Prize (Green house) : Akansha</p> <p>Third prize (Green house) : Deepali</p>

Indoor and Outdoor game

Game	winner
Chess	<p>First Prize (Blue house) : Sahil Jaiswal</p> <p>Second prize (Red house) : Sahil Mishra</p>
Carrom	<p>First Prize (Yellow house) : Romeo , Justin</p> <p>Second prize (Red house) : Shifa shaikh , Meghana Pathak</p>

Table Tennis	<p>First prize (Yellow house) : Yash</p> <p>Second prize (Blue house) : Shaswat</p>
Volleyball (Boys)	<p>First prize (green house) : Deven, Riddhesh, Shubham Kharade, Shubham Kadam, Vishal, Aryan, Tushar, Yash</p> <p>First runner up (yellow house): Justin, Romeo, Babasaheb, Jophin, Sairaj, Yash, Akshay, Sahil Rajkumar, Prasad, Rushigovinda, Vishnu</p>
Volleyball (Girls)	<p>First prize (yellow house): Sakshi, Sneha, Jiya, Bhakti, Shravani, Shraddha, Juveria , Riddhi Kaskar</p> <p>First runner up (red house) : Kunali, Anushka, Ananya, Siyanda, Kiran, Shilpa, Simran, Shifa, Riddhi Pawar, Riddhi Patel, Shruti P</p>
Cricket	<p>First prize (yellow house): Justin, Babasaheb, Romeo, Sairaj, Jophin, Prasad, Sahil, Akshay, Yash, Rushigovinda, Vishnu, Jiya, Shravani Patil</p> <p>First runner up (red house) : Arjun, Jairaj, Manav, Ricky, Harshal, Gaurav, Ved, Tanishq, Sufiyan, Aman, Riddhi Patel ,Ananya, Kiran</p>
Kabaddi (boys)	<p>First prize (blue house) : Pratik, Sahil Jaiswal, Vighnesh, Vedant, Sanket, Gaurav, Uttareshwar, Shashwat, Abhishek, Yash</p> <p>First runner up(red house) : Arjun, Tanishq, Jairaj, Harshal, Manav, Ricky, Ved, Gaurav</p>

Kabaddi (girls)	<p>First prize(blue house) : Aditi, Sharvila, Nibha, Kajal, Preshita, Shivani, Ashitee, Prabhavati, Shrutika</p> <p>First runner up (yellow house) : Jiya, Bhakti, Alsafa, Sneha, Shravani, Sakshi, Shraddha, Reshma, Juveria</p>
kho kho (boys)	<p>First prize (yellow house) : Vishnu, Justin, Babasaheb, Romeo, Sairaj, Yash, Jophin, Prasad, Sahil Rajkumar, Akshay, Rushigovind, Kunal</p> <p>First runner up (green house) : Deven, Riddhesh Pharakate , Vishal, Yash, Tushar, Aryan, Sujal, Shubham Kharade , Limbaji, Shubham Kadam</p>
kho kho (girls)	<p>First prize (green house) : Shravani, Gayatri, Vaishnavi Pimple, Ashwini, Shaili, Deepali, Samiksha, Mayuri, Vaishnavi Patil, Tanvi, Pranali Pol, Shubhrata, Pranali Shiroadker</p> <p>First runner up (blue house) : Nibha, Prabhavati, Sharvila, Karina, Apurva, Ashitee, Aayushi, Shrutika, Kajal, Varsha, Rishita, Shivani, Preshita</p>

Best player boy: Romeo Koli (2 gold in individual, 4 prize in group game)

Best player girl: Vaishnavi Patil (4 Gold in individual game , 2 prize in group game)

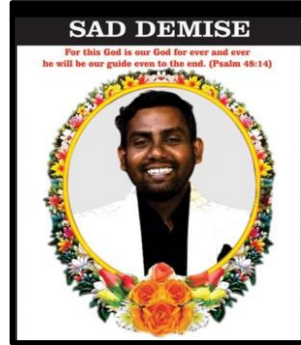
Overall prize won : Yellow house 17 (7 gold)

Overall prize won : Green house 16 (9 gold)

Overall prize won: Red House 12

Overall prize won : Blue house 9

Condolence to Mr. Nelson N Nadulkeri, GNM Batch 2015-2018



A shining star that flickered bright,
Nelson, your memory will be our light.
Though your time with us was far too brief,
Your impact and legacy will forever leave.
A life so young, a soul so bright,
Nelson, your passing leaves an endless night.
At 27, with dreams yet to unfold,
You left us, leaving memories to hold.
With hearts that mourn and spirits that sigh,
We bid farewell to a life that touched the sky.
Your journey here may have come to an end,
But the memories we shared will forever transcend.
Your laughter echoes, your smile so wide,
In our hearts, your memory will reside.
As an alumni, your mark will stay,
A shining star that faded away.
May your soul find peace in heavenly grace,
And may your love and laughter fill the space.
May your journey to heaven be peaceful and bright,
May your loved ones find strength in this darkest night.
Though you may be gone, you'll never fade,
Nelson, dear Nelson, in our hearts you'll forever stay.
You will be deeply missed, dear Nelson, it's true,
But your memory will live on, forever shining through

Rest in peace, Dear Nelson.

The Heart of Care: A Nurse's Journey

With steady hands and heart so wide,
She walks the halls with silent pride.
Through sleepless nights and endless days,
She heals with love in countless ways.

She greets new life with joyful cheer,
The first to hold, to wipe a tear.
A tiny cry, a mother's joy,
A moment pure, no fear, no ploy.

Yet when the battle comes to close,
She stands beside in hushed repose.
With gentle touch and whispered grace,
She guides them to a peaceful place.

She bears the weight of silent pain,
Yet hides her tears in pouring rain.
A warrior strong, yet soft inside,
With every loss, a part has died.

Not just a helper, but a guide,
A saviour walking side by side.
A hand to hold, a voice so bright,
A beacon shining through the night.

Beyond the ward, beyond the care,
She fights for change, for what is fair.
A leader, thinker, one who dares,
To claim respect, to shift the stares.

So let us stand, both bold and tall,
Our work, our passion—proud of all.
A nurse's path, though rough it be,
Is one of strength, of dignity.

Dr. Avani Oke
Principal

गणपतीची आरती

सज्ज व्हा, पुष्पे घ्या तुम्ही हाती घ्या तुम्ही हाती ।

पार्वती नंदन पार्वती नंदन आले आमुचे साथी । जयदेव जयदेव

घेऊनि हातात ताट पूजेचे ताट पूजेचे ।

करितो स्वागत करितो स्वागत गजवक्राचे । जयदेव जयदेव....

आले आले हो गणपती आले, गणपती आले ।

मन साऱ्यांचे मन साऱ्यांचे आनंदित झाले । जयदेव जयदेव

रम्य ते रूप सगुण साकार सगुण साकार ।

दावितो कसा हा दावितो कसा हा चमत्कार । जयदेव जयदेव

विघ्न नष्ट होते पुजिता गजेंदर, पुजिता गजेंदर ।

निर्मल आहे मन, निर्मल आहे मन जसा तू चंद्र । जयदेव जयदेव....

नाम घेता मुखी गजानन, गजानन ।

कृपादृष्टी होते, कृपादृष्टी होते सर्वांवर । जयदेव जयदेव....

मोरया मोरया मंगलमूर्ती मोरया ।

मोरया मोरया गणपती बाप्पा मोरया।

मोरया मोरया मयुरेश्वरा मोरया ।

मोरया मोरया चिंतामणी मोरया।

मोरया मोरया सिध्दीविनायक मोरया ।

मोरया मोरया महागणपती मोरया।

मोरया मोरया विघ्नेश्वरा मोरया ।

मोरया मोरया गिरीजात्मजा मोरया।

मोरया मोरया वरदविनायक मोरया ।

मोरया मोरया बल्लाळेश्वर मोरया।

मोरया मोरया अष्टविनायक मोरया,

मोरया मोरया

मोरया।

सौ.

मंगलमूर्ती

स्वाती आठवले

सहाय्यक प्राध्यापिका

गणपतीची आरती

करू वंदन गणराया गणपती.. १x
शुभ केला तुच अधिपती ।
करू वंदन गणराया गणपती..।x

आरती गाऊ, आरती गाऊ गणेशाला भाद्रपद चतुर्थीचा सण आला
शिव पार्वती च बाळ कुणी उंद्रावरी आला बसुनी वंदिते तुला धरणी
बाप्पा मोरया 3x
आरती गाऊ 1x
सॅन अला 2X

मंडपात रोषणाईने सजला
भक्तगण सेवेत तुझ्या रुजला
हा मेळा भरी जमला धरी आले गणराज घरी भक्ती भावाचा सागरी
बाप्पा मोरया 3X
आरती गाऊ 1x
सॅन अला 2x

सनयी तडम ताशा ढोल ते घुमला
ताल सूर अंगात भिजला गुलालाची किमया खारी, रंग लाल झाली सारी रंगलीही सारी नगरी
बाप्पा मोरया 3X

वक्रतुंडा तू एकदंता तू बाप्पा मोरया गणपती बाप्पा मोरया 2x
मोरगावचा मोरेश्वर तू शिडटेकचा सिद्धिविनायक पालीचा तू बाळेश्वर ओझर विघ्नेश्वर तू

म्हाड च तू वरदविनायक
थेवरचा तू चिंतामणी तू
लेण्याद्रीचा गिरिजात्मक
रंजन गावचा महागणपती
वक्रतुंडा तू 1X
मोरया मोरया गणपती बाप्पा मोरया

Mr. Shankar Sawant

॥ आरती गणरायाची ॥

गणपती बाप्पा मोरया
मंगलमूर्ती मोरया ॥

देवा श्री गौरी गजानना,
तुझी केली आराधना
देवा श्री गौरी गजानना,
तुझी केली आराधना ॥

सोमय्या कॉलेज ला तारी रे तू देवा,
सोमय्या कॉलेज ला तारी रे तू
प्रपंच त्याचा राखी रे तू देवा,
प्रपंच त्याचा राखी रे तू
दीन दुबळ्या या भक्ता घरी,
तुझी केली आराधना ॥१॥

हे वंदन माझे तुला, शिव पार्वतीच्या बाळा,
आज आलो तुझ्या भेटीला, तू दर्शन दे आम्हाला ॥

जगी गाजे तुझी थोर कीर्ती, मनी पुजीली मंगलमूर्ती,
दर्शन घेता विघ्ने टळती, विघ्नेश्वरा तुझी अशी ख्याती,
आज वर्षानं येता घराला, किती आनंदी आनंद झाला,
आज आलो तुझ्या भेटीला, तू दर्शन दे आम्हाला ॥२॥

चरणी वाहुनी दुर्वा फुल, भक्त उधळती अबीर गुलाल,
नाच नाचता येई धमाल, असा आनंदाचा सुकाळ,
लाडू मोदक नैवेद्याला, भक्त प्रेमानं देई तुला,
आज आलो तुझ्या भेटीला, तू दर्शन दे आम्हाला ॥३॥

Mr. Vedant Pawar
Mr. Siddhesh Phalke

गणपतीची आरती

देवा गणराया शरण आलो तुजला ठेव सुधामधी दिनदुबळ्या भक्ताला ।।
नको रहायलन उंच बंगला माडी। मिळो निवाऱ्याला सुखाची हि झोपडी।
माझ्या पंखामधी बळ देरो जगण्याला ठेव सुख मध्ये दीनदुबळ्या भक्ताला ।।
हृदयी पुजीला अंतरी देवा गणराया।।
शिव पार्वतीचा हा तनया ।। धृ

पार्वती बसली अंघोळीला तिने अंगाचा मळ काडीला
त्या मळचा पुतळा बनविला सजीवंत केले गणाला
तोचि का रे हा गणराया ।।१।।
द्वारपाल हो केले गणाला
शंभू आले घरीत्या वेळा आडविले त्याने शिवशंभूळा
कोन कुणाचा आरेतु मुला शिरच्छेद गणाचा केला।। ध्रुव
धावत आली पार्वती माता
बाळ माझे मज दयावे आता शंकरासी मंग पडली चिंता हत्तीचे शिर धडा जोडीता
साजिवंत केले गणराया।।३।।

Shubham Kharade
Aishwarya Ghodekar
Sakshi Dhumal
Vrushali More
(5th sem BSc)

जिंदगी की राहों में

जिंदगी की राहों में दर्द के बहाने छुपे हैं, (2)
खुशियों की चादर में अक्सर , ग़मों के फसाने छुपे हैं।
यही है वो राज़, जिसे जीने की सीख कहते हैं, (2)
कि जिंदगी की हर लहर में
दर्द और खुशी, एक साथ बहाने छुपे हैं।

हर मुद्दत से , बदलते हैं मौसम और हालात,(2)
जैसे दरिया की लहरों में छिपे हो अनगिनत ख़ज़ाने राज़ ।
दर्द की ख़बर, नहीं दी जाती इस दिल को, (2)
क्योंकि खुशियों के मंजरों में भी , ग़मों के अंधेरे छुपे होते हैं।

जीने का वाक़या, सिर्फ़ खुशियों से नहीं होता है,(2)
यहीं जिंदगी की सच्चाई का पहलू, हमें दिखाता है।
क्योंकि दर्द और खुशी ,दोनों एक जैसे हमें सिखाते हैं, (2)
जिंदगी की हर लहर में , जीने के असली मायने छुपे होते हैं।

Mr. Tushar Khillare
Semester V

वक्त

वक्त के समन्दर में चल रही जिंदगी लहरें बन गई,
मुस्कुराहट किनारे की रोशनी बन गई,
चलते यूँही आए कई मुकाम ऐसे;
की हंसते खिलते सपनों की दीवार गिर गई।

कहते थे पाना है कुछ, तो चाहिए समझ सही,
पर बढ़ते कदम कुछ बातें समझ में आई ही नहीं;
कर रहे भरोसा उसपर जो हमारी मंजिल नहीं,
ख्वाबों में बसी चीज़ों के लिए सफ़र आसान नहीं।

हर बीतते लम्हे, मन यह बेचैन सा है,
छेड़ा जो द्वंद्व सा है, जज़्बात है भरे पडे ,
भावनाओं की कोई सीमा नहीं;
सपनों को सजाते सजाते हकीकत तस्वीर बन गई ।

Mr. Sahil Jirvankar
4th Yr BSc Nursing

पापा, में बड़ी होके बनूंगी एक डॉक्टर,
हमेशा आपके साथ, ना जाऊ कभी छोड़कर

वो निकली उस दिन पापा को बोलकर
पापा तुम चिंता न करना, घर आऊंगी लौटकर

रात के १० बजे कॉल किया घर पर,
पापा में काम में हु कोई बात हो गई है

पापा भी बोले सुबह घर को वापिस आना,
अस्पताल सुरक्षित है, अब रात हो चुकी है,

रुकी वो अस्पताल, घर न आई लौटकर
बैठी थी वो पढ़ने, किताबें अपनी खोलकर,

की कुछ दरिंदे कमरे में घुसे, गंदी सी नियत लेकर
उनमें से एक बोला जल्दी दरवाजा बंद कर,

मैं खूब लड़ी उनसे, और चीखी चिल्लाई जोर से
कपड़ों को मेरे फाड़ा, वो ले गए आंखे नोच कर,

और अब भी तुम चुप हो और न समझे मेरी बातों को लेकर,
मेरी जगह देखना अपनी बहन को सोच कर,

दरिंदे जाग गए है देश सो गया है

आजाद देश की ये कैसी आजादी है पापा?
आजाद देश की ये कैसी आजादी है पापा ।।

Vedant Pawar, 5th semester

चीखें जो सन्नाटे में खो गईं

उस रात की चीखें आज भी गूंजती हैं,
वो चीखें, जो सन्नाटे में कहीं खो गईं।
मेरी हंसी, मेरी खुशी, सब कुछ छिन गया,
जैसे कोई बवंडर मेरी दुनिया को उजाड़ गया।

वो आए थे जैसे दरिंदे अंधेरे में छिपकर,
मेरी मासूमियत को अपनी हवस की आग में जलाने।
मेरे शब्द बेमानी हो गए, मेरी चुप्पी सब कुछ कह गई,
मेरी चीखें आसमान तक गईं, पर किसी ने नहीं सुनी।

मेरी आत्मा को उन्होंने चीर दिया,
मेरे जिस्म को उन्होंने रौंद दिया।
मैं गिर पड़ी थी ज़मीन पर,
पर उनकी हैवानियत नहीं रुकी।

उस रात ने मेरी पहचान बदल दी,
अब मैं सिर्फ़ एक हादसा बनकर रह गई।
मेरे नाम के साथ जुड़ गई एक बदनामी,
जिसमें मेरी कोई गलती नहीं थी, पर मैं फिर भी दोषी थी।

क्यों ये दुनिया मुझे ही दोषी ठहराती है?
क्यों मेरे कपड़े, मेरी बातें, मेरे अस्तित्व पर सवाल उठाए जाते हैं?
वो जिन्होंने मेरी आत्मा को कुचला,
क्यों वो आज़ाद घूम रहे हैं, और मैं कैद हूँ?

पर मैं आज भी खड़ी हूँ,
अपने दर्द के साथ, अपनी टूटी हुई आत्मा के साथ।

क्योंकि मैंने ठाना है, मैं झुकूंगी नहीं,
मैं उस अंधेरे से बाहर निकलूंगी,
जिसने मेरी ज़िंदगी को घेरा था।

अब मैं हर उस लड़की की ताकत बनूंगी,
जो इस दुनिया में अपना हक़ मांगती है।
मैं उन सबकी आवाज़ हूँ,
जिन्हें चुप करा दिया

अब मैं आग बनूंगी, जो तुम्हारे अंधकार को जला देगी
तुम्हारी हैवानियत का अंजाम मैं लिखूंगी,
अब मेरा सन्नाटा ही तुम्हारी तबाही बनेगा।

Mr. Shruti Panavkar
5th semester

प्रेम म्हणजे काय असतं..?

प्रेम म्हणजे नक्की काय असतं
खर तर ते सांगून समजत नसतं
त्या साठी अनुभवांची साथ आणि भावनांचा सहवास
लागतो

कोणाच्यातरी आठवणीत रात्र भर झुंजलावं लागतं
खरच प्रेम हे कोणाला ही कळत नसतं

तो न असताना ही मनाच्या डोळ्यांनी त्याला बघावं लागतं
त्याच्या आनंदासाठी स्वतःला अर्पण करावं लागतं खरच
प्रेम हे सांगून ही कोणाला कळत नसतं

तो नसतना हि तो असण्याची जाणीव आणि तो असताना
त्याच्या कडे मन भरून बघावस वाटतं खरच प्रेम हे
कोणाला ही कळत नसतं ते ज्यांना होतं त्यांना च कळतं
की प्रेम म्हणजे नक्की काय असतं...

_निशा

बाप म्हणजे काय..?

कोणी मला विचारले बाप म्हणजे काय??

तर बाप म्हणजे हातातली भाकर सोडुन आपल्या
मूलांसाठी दिवसभर झगडणारी व्यक्ती म्हणजे
बाप

स्वतःचे दुःख लपवुन परिवाराच्या सुखसाठी कष्ट
करणारी व्यक्ती म्हणजे बाप

आई तर घरातलं मांगल्य असते ना.. पण ज्याच्या
मुळे घरातलं अस्तित्व टिकून राहते ती व्यक्ती
म्हणजे बाप..

ज्या व्यक्ती मुळे हातातली भाकर गोड लागते ती
व्यक्ती म्हणजे बाप....

आईच्या हिरव्या बांगड्या आणि लाल साडीची
निशाणी म्हणजे बाप आयुष्यात सूख असो वा
दुख पण पाठीवरती सोबत असणारी थाप
म्हणजे बाप

मुलांच्या आनंदसाठी स्वतःच्या स्वाभिमानाची ही
पर्वा न करणारी व्यक्ती मी बघितली ती म्हणजे
बाप...

-निशा

Poems By Ms. Nisha Gawali, Semester III

आयुष्य

आयुष्य नेमक काय अजून कळल नाही
आता तरी आयुष्यावर बोलू आपण काही
शाळेतील आठवणींसोबत उच्च शिक्षण कस संपल कळलच नाही
आणि पदवी स्तरावर आल्यावर वाटल
आता तरी आयुष्यावर बोलू आपण काही

आयुष्य म्हणजे काय असत
जीवनाचं ते सार असत
कुणासाठी ते काहीच नसत
तर कुणसाठी अविस्मरणीय असत
कुणासाठी ते कादंबरी तर कुणासाठी काव्यसंग्रह असत
सुख दुःख भरत त्यात
आठवणींच ते गाठोड बनत

न समजणार्यांसाठी सागरातील हरवलेलं शिंपल असत
आणि समजून घेणाऱ्यांसाठी त्या शिंपल्यातल्या मोत्या सारख असत
आठवणींच्या जगात आयुष्य कस सरल कळलच नाही
म्हणून ठरवलं आता तरी आयुष्यावर बोलू आपण काही

सर्वांची मन सांभाळत साठी कधि ओलांडली याच देखील भान नाही
उतार वयाकड वळताना ते आठवणींच गाठोड मात्र मी विसरलो नाही
मैत्रीच्या कट्यावर जेव्हा सोडलं मी ते गाठोड
डोळ्यातल्या अश्रूंनाही मोह आवरला नाही
आठवणींना त्या जाग करण्या
वाटल आयुष्यावर बोलू आपण काही

सरल आयुष्य आता घेतो निरोप आपला
उरल असेल काही तर भेटू पुन्हा एकदा
आठवण करा मला जर वाटल तुम्हाला
बोलावं आयुष्यावर आपणही काही

अर्पिता खोंड
VI Semester

लग्न बंधन

एखादी अनोळखी व्यक्ती आयुष्यात यावी आणि आयुष्यच बदलून जावं
असच काहीतरी माझ्यासोबत ही घडाव,
बालपण सरत सरत तोही दिवस आला
अन् माझा साथीदार आज अचानक समोर आला

खूप अचानक घडल सगळ, एकदम गोंधळून गेली मी
पहिल्यांदा त्याच्याशी बोलताना खूप घाबरून गेली मी,
काय होईल, कस होईल अश्या असंख्य विचारांनी मनाला गुंतून टाकल
पण आई बाबांच्या संस्कारांनी मला सांभाळून घेतल

कसा असेल साथीदार याची खात्री नसताना देखील होकार ती देते
आणि चुपचाप त्या उशीजवळ रडून मोकळी होते...
मन रमेल का माझं त्याच्यात, समजून घेईल का तो मला
या सर्व प्रश्नांनी मनात वादळ पेटतात,
पण आई बाबांची निवड म्हणजे योग्यच असेल
या खात्रीने ती जागीच विजतात..

साथीदार योग्य असेल तर आयुष्याचं सोन होईल
प्रत्येक चढ उतारात त्याची साथ मी देईल,
वचन देतेय बाबा कधीच कुणाच्या तक्रारीच कारण बनणार नाही
तुझी ही लेक कधीच संस्कार विसरणार नाही

शेवटी उगवला तो दिवस आणि माहेर परक झालं
नवी नाती जुळताय याचा आनंदही होता
पण आई तुझ्या साठी आता मी पाहुनी होणार का ग ?
हा विचार त्याहून खूप त्रासदायक होता....

अर्पिता खोंड
VI Semester

आई - बाबा

बोलणे झाल तुमच्याशी की
मन हलके होते,
कितीही संवाद झालं तरी
काहीतरी राहील्यासारखे वाटत,
भेटण्यासाठी तुम्हाला मन नेहमी आतुरत....

कितीही दूर असले तरी
आठवण तुमची रोज येते,
घराबाहेर असूनही,
मन मात्र घरातच असत,
भेटण्यासाठी तुम्हाला मन नेहमी आतुरत....

किती सुंदर होत ना बालपण
जिथे सोबत सकाळ होयची,
अन् माझ्या शाळेसाठी
घाई तुमची जास्त असायची,
आठवतात ते दिवस
अन् पाणी डोळ्यात दाटत,
भेटण्यासाठी तुम्हाला मन नेहमी आतुरत....
कधी सुट्टी मिळेल
याची वाट बघत बसते,
आणि घरी आल्यावर काय माहिती
पाच दिवसांची सुट्टी
पाच मिनिटात कशी संपते
भेटण्यासाठी तुम्हाला मन नेहमी आतुरते....

अर्पिता खोंड
VI Semester

स्वप्न...★

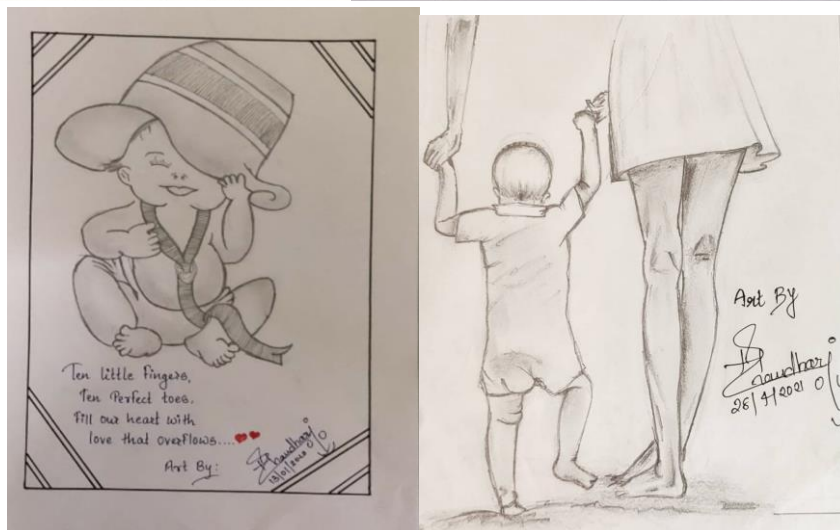
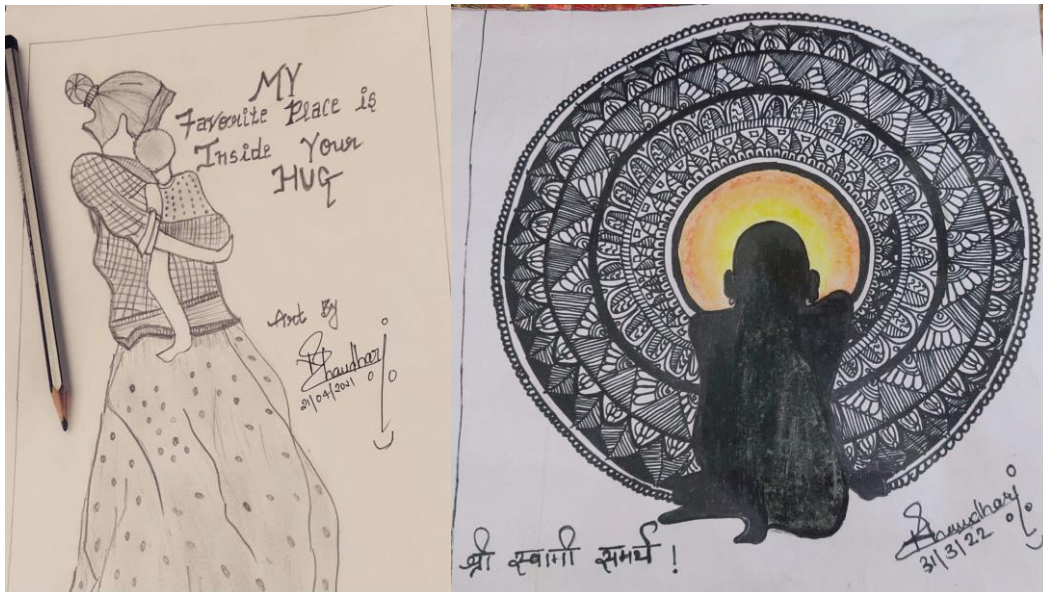
स्वप्न म्हणजे आयुष्य,
जगता जगता वेड लावणारं.
अपयश तर येत राहिल,
पण स्वप्न जगता आलं पाहिजे.
इथल्या वाटेवरती चालताना,
अनेक काटे टोचतील.
पण जिद्द असावी मनाची,
शेवटपर्यंत मैदानात खेळत राहायची.
स्वप्नावर इतकं प्रेम असावं,
क्षितिज सतत डोळ्यासमोर दिसावं.
सुरुवात शुन्यातून झाली तरी चालेल,
पण शेवटी आपण जिकलो पाहिजे.
पंख इतके मजबूत असावेत,
जिंकल्याशिवाय इथे पर्याय नसेल.
मार्ग अनेक असले तरी,
अंतीम ध्येय हे ऐकचं असावं.

written by
~Sakshi Shitap



Pookalam by Ms.Anushka
4th yr bsc

Artwork By Ms. Nilam Kanse, Clinical Instructor



Art by Ms. Purva Naik, 1st year GNM



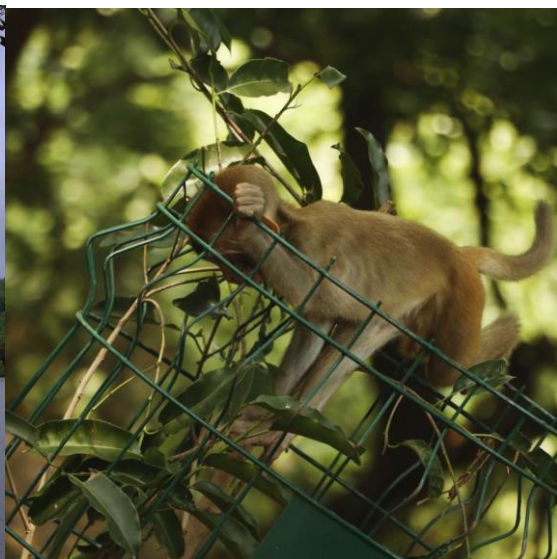
Art Work
Mr. Shaheer Ahmed
1st year MSc Nursing Student



Ms. Saroj Gaonkar
1st year MSc Nursing Student



**Photography Skills by Mr. Samrat Arvind Kamble,
Semester III**



Photography By Ms. Preshita Mhaske
Semester II



**Photography By Mr. Aaryan Chaudhari,
Semester III**



Paintings By Ms. Preshita Mhaske, Semester II



Photography by Ms. Kshitija Sarvagod, 3rd Semester



वडिलानंतर आई कसे सांभाळते घर..

वडिलांच्या जाण्याने घर होतं पोकळ,
दुःखाच्या सावल्यांत हरवतं प्रत्येक कोपऱ्यातलं प्रकाशळ.
पण आईचं मन ठेवतं संयमाचं कवच,
अश्रू गिळून उभी राहते, सावरण्याचं घेऊन बळाचं वचन।
हृदय तुटलेलं असतं, पण ओठांवर असतो हसरा मुखवटा,
कारण घराला पाहिजे तिचं प्रेमळ आधारटा.
दुःखाच्या गर्जना मनात दडवते ती,
मुलांच्या सुखासाठी स्वतःला विसरते ती।
आई म्हणजे न भरणारी पोकळीची सावली,
जी स्वतःच्या वेदना झाकून घरात भरते नवचैतन्याची वेली।
वडिलांची जागा कुणी घेऊ शकत नाही,
पण आईचं बळ प्रत्येक दुःखावर मात करायला पुरेसं असतं.

प्राजक्ता कदम
3rd sem Bsc

शाळेचे दिवस

शाळेचे हे हरवलेले दिवस येतील का पुन्हा, जगलो आज आपण उद्या हाच दिवस जुना ! नशिबाने एकदा पुन्हा
कुठेतरी भेटू शाळेच्या आठवणींना एकदा एकत्र मिळून वेचू पण तेव्हा सर्व काही बदलेल आसेल कामामुळे आपली
लवकर सुटेल आज मित्रान सोबत आहात तर वाटेल तास जागून घ्या जीवनभर पुरतील आष्या आठवणी जपून घ्या!

Ms. Samruddhi Kakade, FY GNM

NURCON - 2024

CELEBRATING NURSES' CONTRIBUTION

WON 2ND PRIZE AT HIRANANDANI HOSPITAL

SHOULD NURSING STUDENTS BE EXPOSED TO SIMULATION BASED LEARNING EXCLUSIVELY OR IS CLINICAL PRACTICE ESSENTIAL?

In conclusion, a balanced approach combining both methods ensures that nursing students are equipped to handle the complexities of modern healthcare, producing nurses who are technically proficient and emotionally intelligent.

THE BEST WAY TO PREDICT THE FUTURE IS TO CREATE IT. IN MY OPINION, CREATE A CURRICULUM WITH A BLENDED APPROACH TO PRODUCE QUALITATIVE NURSES IN FUTURE.

Nursing education has undergone significant changes in recent years, blending traditional clinical practice with innovative simulation-based learning (SBL). This shift raises a key question: should nursing students be exclusively exposed to simulation based learning, or is hands-on clinical practice still indispensable? This debate plays a crucial role in shaping the future of nursing education and the quality of healthcare.

Historically, nursing education focused heavily on clinical practice, where students learned by directly interacting with patients. While this approach has its advantages, it can be challenging for students to bridge the gap between theoretical knowledge and practical application. Many nursing students struggle to apply classroom concepts in real clinical environments. To address this, SBL has been introduced, utilizing high-tech mannequins, virtual reality,

and other tools to simulate realistic clinical scenarios. This allows students to practice clinical and decision-making skills in a safe, controlled setting, minimizing the risk of patient harm. SBL offers several benefits, including standardized training for all students, immediate feedback from instructors, and the opportunity to enhance technical skills and critical thinking. It also addresses challenges in clinical settings, such as limited patient availability and safety concerns, and encourages teamwork, communication, and problem-solving. Moreover, simulation helps bridge the gap between theory and practice, as students actively participate in clinical reasoning and review processes

However, clinical practice remains a vital part of nursing education. While simulations provide technical training, real-world experience is essential for developing interpersonal skills like bedside manner and patient communication. Clinical practice exposes students to the unpredictability of healthcare settings, where they can integrate theoretical knowledge with hands-on experience. Both SBL and clinical practice are crucial for preparing students to be competent and compassionate nurses.

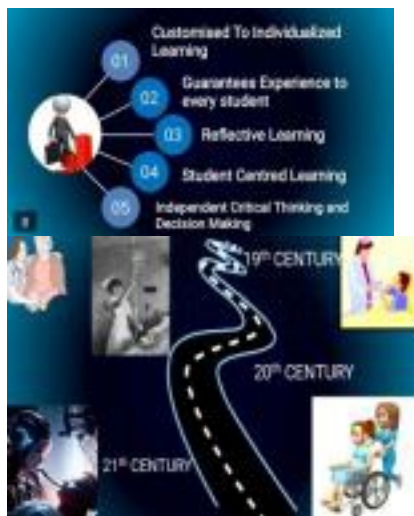


IT IS NOT THE BIG THAT EATS THE SMALL IT IS

THE FAST THAT EATS THE SLOW

CURRICULUM THAT WILL NUTURE US ALL IS

**THE RIGHT APPROACH THAT WILL HELP
NURSING GLOW**



VAISHNAVI SURESH SONWANE
SEMESTER V



MS. TERESA JOAQUIM VAZ
SR. TUTOR

UMEED

Umeed' - an initiative by Founder, Ms.Snehal Ande, means hope and that is what we intend to bring to the students' lives. Through the individual, group counselling sessions and workshops offered through Umeed, we aim to address various concerns students might be facing including managing academic pressure, dealing with interpersonal relationships, familial related concerns and guide the students to use several healthy coping mechanisms so that they can utilize their potential to the fullest and accomplish their goals regardless of the challenges they might be experiencing.

The counselling process is a journey in itself which has been summarized in the lines below:

*If and when you experience sadness,
Remember stars shine in darkness,
When dealing with situations that are in mode of flight or fight,
Through 'Umeed' counselling sessions,
The Counsellor helps you to focus on doing what is right.*

*Healing is not always easy
But who said it will be,
It's all about learning, unlearning and relearning,
A journey filled with difficulties for
You and Me.*

*But then comes a time,
When you start feeling light,
You start to smile some more
And it feels like now the sun is shining bright*

*Signs of being in good mental health,
Helps us to understand ourselves and others deeply,
It helps us to navigate through complexities of life
And yet maintain peace and harmony.*



MS. KSHITIJIA SAWANT
COUNSELLOR

K. J. SOMAIYA SCHOOL AND COLLEGE OF NURSING



NSS

NOT ME, BUT YOU
ESTD..... 2021

The National Service Scheme (NSS) is a flagship program of the Government of India that aims to empower young minds and foster community development. As proud members of NSS, we embrace the opportunity to experience firsthand the transformative power of this initiative.

Our NSS unit embarked on a series of community service projects, ranging from cleanliness drives to educational workshops. We worked tirelessly to identify the needs of our adopted community and devised strategies to address them. Through these initiatives, we not only improved the lives of the community members but also developed valuable skills such as teamwork, leadership, and problem-solving.

Sr. no.	Events	Activities
1	Medical Drives	- Medical camps. - Blood Donation Camps
2	National Days	- Independence Day celebration - Republic Day celebration (Cultural programs) - Non Violence Day
3	Health Awareness	- Women's Day celebration - Children's Day celebration - HIV/AIDS day
4	Swachh Bharat Abhiyaan	- Campus cleaning drives - Street play on Plastic Ban.



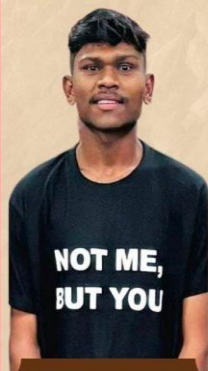
ADVISORY COMMITTEE MEMBERS

Dr. Avani Oke
Dr. Jayashree Salvi
Dr. Asha Pol
Mr. Aniket Mahulikar

Faculty members:
Ms. Snehal Ande
Ms. Greeshma Anto
Ms. Teresa Vaz
Dr. Shweta Naik
Ms. Dhanashree Desai

Student representatives:
Ms. Sakshi Dhumal (6th Semester, B. SC. Nsg.)
Ms. Aditi Patkar (5th Semester, B. SC. Nsg.)
Mr. Vedant Pawar (6th Semester, B. SC. Nsg.)
Mr. Tushar Khandekar (5th Semester, B. SC. Nsg.)

Student Representatives



**MR. TUSHAR
KHANDEKAR**

THE BEST PART
ABOUT NSS IS
THAT IT GIVES
YOU THE
OPPORTUNITY TO
INTERACT WITH
THE PEOPLE FROM
DIFFERENT
SOCIAL STRATA



**MS. SAKSHI
DHUMAL**

NSS HAS
HELPED ME
LEARN THE
VIRTUE OF
TEAMSPIRIT.



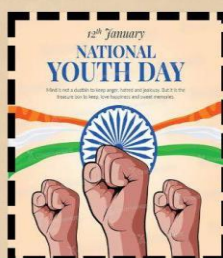
**MR. VEDANT
PAWAR**

NSS GIVES US
CHANCE TO
BRING A
POSITIVE
CHANGE IN THE
SOCIETY.



**MS. ADITI
PATKAR**

NSS HAS HELPED
ME BUILD
CONFIDENCE AND
LEADERSHIP
QUALITIES ALONG
WITH CHERISHING
MOMENTS.



Message from the IQAC Team

Greetings from the Internal Quality Assurance Cell (IQAC)!

At K.J. Somaiya School and College of Nursing, our motto, "*We strive, we drive... for quality,*" serves as a guiding principle in our continuous pursuit of excellence. We take great pride in our achievements, including securing an "A" grade with a 3.17 CGPA in our first NAAC accreditation cycle in 2023, as well as ranking 47th nationally and 9th in our zone in the IIRF 2023 rankings.

This year, we successfully submitted our AQAR, reflecting the collective efforts of the entire team. The IQAC plays a vital role in fostering a system of conscious, consistent, and catalytic improvement in various aspects of the college's functioning.

Since its establishment in 2016, the IQAC has been instrumental in guiding the institution towards holistic development, nurturing both academic excellence and ethical values in our students.

We would like to extend our deepest gratitude to all our stakeholders, students, parents, faculty, and both teaching and non-teaching staff for their unwavering dedication and hard work. Their collective efforts are the foundation of our continued success and growth. Thank you all for the Persistence, Passion and Teamwork.

**With Best Wishes,
*The IQAC Team***



Ms. Priyanka Ghodake
IQAC Coordinator



Ms. Rashmi Chavan
IQAC Co-coordinator

SWACHH BHARAT ABHIYAN

team members



Other initiatives
includes :

- Tree plantation
- Clean classroom award
- collection of wrappers

Swachh Bharat Abhiyan
Serves as a Great
Initiative in making
students aware of the
Importance of Cleanliness.





KJ SOMAIYA SCHOOL AND COLLEGE OF NURSING .



WE ARE PROUD THAT OUR STUDENTS ARE ACTIVELY PARTICIPATING IN THE ACTIVITIES.

ACTIVITIES CONDUCTED :

- Aarti Competition.
- Thali decoration.
- Slogan making competition.
- Poetry recitation.
- Essay writing competition.
- Poster making competition.

SNA UNIT.

The main purpose behind the establishment of SNA to uphold the dignity and to promote a team spirit among students with professional ethics.

NUMBER OF ACTIVITIES ASSIGNED TO THE SNA MEMBERS AT ALL LEVELS TO ACHIEVE THE OBJECTIVES OF THE ASSOCIATION.

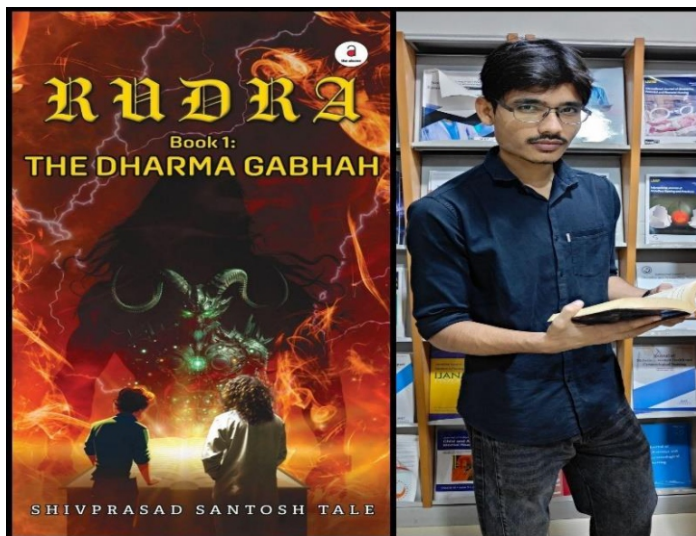


RANK HOLDERS (2023-24)



 <p>Ms. Shradha S Kamble (73%) I Semester</p>	 <p>Ms. Isha Zore (80%) (IV Semester)</p>	 <p>Ms. Viona Dixit (74 %) (III Semester)</p>	 <p>Ms. Sanika Haldkar 80% (3rd yr BSc)</p>	 <p>Ms. Mayuri Sonawane(78.66%) 2nd yr MSc Nursing</p>
 <p>Ms. Nitukumari Saw (75.2%) 1st yr GNM</p>	 <p>Ms. Pranali V Shiroadkar(75.7 %) 2nd yr GNM Nursing</p>	 <p>Mr. Soham Mahadik (84.2%) 3rd yr GNM</p>	 <p>Ms. Tejaswini Badad (67%) 1st yr MSc Nursing</p>	

Alumni Achievements



**SHIVPRASAD SANTOSH
TALE**
Author of fiction book

Mr. Nishad Thale, Staff Nurse, LTMG Hospital
Contributed as research nurse in international research study of imperical college of
London, Neonatology



Original research

Early and extended erythropoietin monotherapy after hypoxic ischaemic encephalopathy: a multicentre double-blind pilot randomised controlled trial

Reema Garegrat ¹, Atul Londhe, ² Swati Manerkar, ³ Sudhindrashayana Fattepur, ⁴ Laxmikant Deshmukh, ⁵ Amol Joshi, ⁶ Savitha Chandriah, ⁵ Mallesh Kariyappa, ⁶ Sahana Devadas, ⁸ Theranirajan Ethirajan, ⁷ Kalaivani Srivasan, ⁷ Chinnathambi Kamalarathnam, ⁷ Anitha Balachandran, ⁷ Elango Krishnan, ⁷ Deepthi Sahayraj, ⁷ Prathik Bandiya, ⁸ Niranjani Shivanna, ⁹ Constance Burgod, ¹⁰ Ashwini Thayil, ¹⁰ Annie Alocious, ⁸ Marianna Lanza, ¹¹ Pallavi Muraliedharan, ¹¹ Stuti Pant, ¹² Harini Venkateswaran, ¹¹ Maria Moreno Morales, ¹² Paolo Montaldo, ¹³ Vaisakh Krishnan, ¹³ Thaslima Kalathingal, ¹² Anagha Rajeev Joshi, ¹⁴ Ajay Varg, ¹⁵ G C Patil, ¹⁵ Babu Peter Satyanathan, ⁷ Pavan Hapat, ¹⁶ Abhishek Deshmukh, ¹⁷ Indramma Shivarudhrappa, ¹¹ Manjesh Kurupalya Annayappa, ¹⁸ Mythili Baburaj, ¹⁹ Christina Muradi, ¹¹ Esgrance Fernandes, ¹¹ Nishad Thale, ¹¹ Ismat Jahani, ¹⁴ Mohammed Shahidullah, ¹⁴ Sadeka Moni Choudhury, ²⁰ Sanjoy Kumar Dey, ¹⁴ Sutapa B Neogi, ¹⁵ Rupsa Banerjee, ¹⁵ Vanessa Rameh, ¹⁶ Farah Alobeidi, ¹⁷ Ellen Grant, ¹⁶ Sandra E Juul, ¹⁸ Martin Wilson, ¹⁹ Enrico De Vita, ²⁰ Ronit Pressler, ¹⁰ Paul Bassett, ²¹ Seetha Shankaran, ²² Sudhin Thayil ¹

ABSTRACT
Objective To examine the feasibility of early and extended erythropoietin monotherapy after hypoxic ischaemic encephalopathy (HIE).
Design Double-blind pilot randomised controlled trial.
Setting Eight neonatal units in South Asia.
Patients Neonates (≥36 weeks) with moderate or severe HIE admitted between 31 December 2022 and 3 May 2023.
Interventions Erythropoietin (500 U/kg daily) or to the placebo (saline injections using a screen) within 6 hours of birth and continued for 9 days. HIE at 2 weeks of age.
Main outcomes and measures Feasibility of randomisation, drug administration and assessment of brain injury using MRI.

WHAT IS ALREADY KNOWN ON THIS TOPIC
⇒ Five days of erythropoietin therapy starting at 24 hours after birth is not neuroprotective in neonates with moderate or severe encephalopathy undergoing whole body hypothermia.

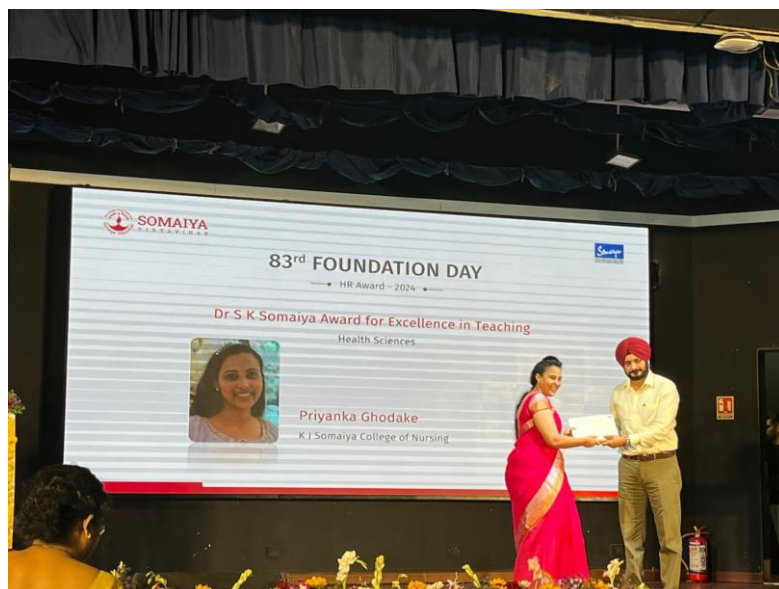
WHAT THIS STUDY ADDS
⇒ Nine days of erythropoietin monotherapy starting within 6 hours of birth is feasible and may be neuroprotective, particularly in neonates with moderate encephalopathy.
Copyright © 2024. Published by Elsevier Inc.

FACULTY ACHIEVEMENTS



Ms. Deepali Pingle
Senior Clerk
Outstanding employee

Ms. Priyanka Ghodake,
Clinical Instructor,
Excellence in teaching Award



Departmental Activity Report 2024-25

Medical Surgical Nursing

AIM: The aim of the medical surgical nursing department is to prepare nursing students as competent medical surgical and critical care nurses.

Departmental Members



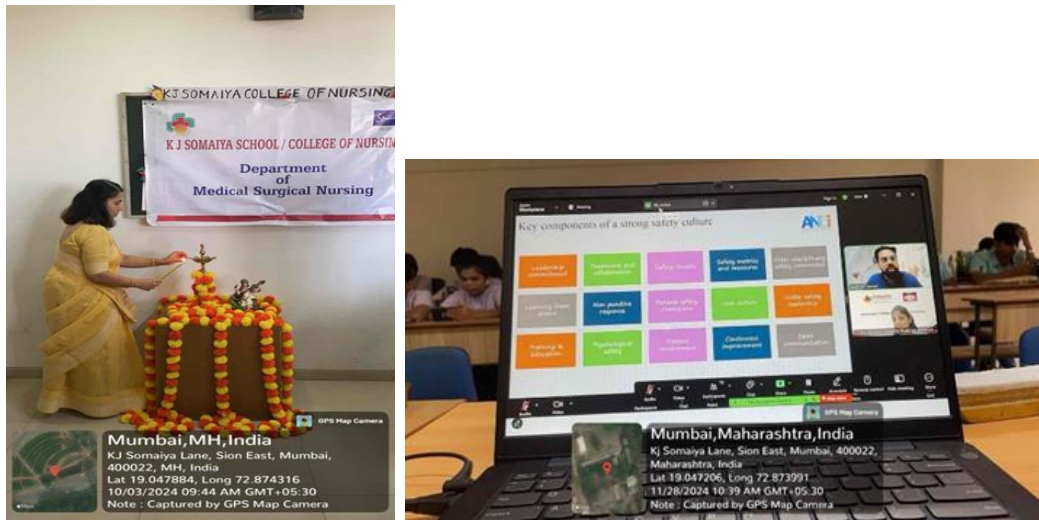
S. N.	Date & Venue	Events/ Activities	Coordinator	Beneficiary /Participant
----------	--------------------	-----------------------	-------------	-----------------------------

1.	12 th August 24 K J Somaiya college of nursing	CPR & First Aid Training	Ms. Rashmi Chavan & Ms. Greeshma R	Sports Coaches of Somaiya sports academy
2.	3 rd October – 9 th January 24 Hybrid workshop	ECHO Project	MSN Team	Staff Nurses, Nursing students & Faculty
3.	23 th October 24 Urban community	Therapeutic touch for Arthritis patients	Dr. Sushma P, Ms. Priyanka G & Ms. Supriya S	Arthritis Patients

ACTIVITY 1



ACTIVITY 2
















ACTIVITY 3



Community Health Nursing Department

SR. NO	YEAR	ACTIVITIES	PHOTO	DATE	VENUE
1	2024	Role play on Woman Empowerment		12.11.2024	Dhundalwa di
2	2024	Role play on Importance of breast feeding		12.11.2025	Dhundalwa di
3	2024	Drawing and coloring		14.11.2024	Dahanu, Nareshwadi
4	2024	Puppet Show		14.11.2025	Dahanu, Nareshwadi

5	2024	School Health Program		14.11.2024	Dahanu, Nareshwadi
6		MET workshop		2 & 3 Dec 25	K J Somaiya
7	1st yr GNM	world literacy day		7-10-24	pratiksha nagar bmc school
8	1st yr GNM2024	world daughters day		8-10-2024	karmveer bhaurao patil school pratiksha nagar
9	1st yr GNM2024	health awareness on menstruation hygiene		12-12-24	zilla parishad school Dhundalwadi
10	1st yr GNM 2024	health awareness on personal hygiene		12-12-24	zilla parishad school Dhundalwadi
11	1st yr GNM 2024	Role play on side effects of use of mobile		12-12-24	zilla parishad school Dhundalwadi
12	1st yr GNM2024	Roleplay on environmental hygiene		12-12-24	zilla parishad school Dhundalwadi

13	Urban Community	World AIDS day		9-12-24	Pratiksha Nagar
14	K J Somaiya students and staff	Blood Donation day		14/01/25	Somaiya hospital
15	K.J Somaiya school and staff	26th Republic Day		26/01/25	
16	RPH Nareshwadi community	School Health Program		29/01/25	Nareshwadi
17	RPH	Haldi Kumkum		30/01/25	Nareshwadi Staff
18	RPH Nareshwadi	<i>International girl child</i>		30/01/25	Nareshwadi Community

Child Health Nursing Department

Aim :

To prepare nursing professionals by providing excellent clinical experience in management of pediatric patients of all ages by providing them proper knowledge, skills, and attitude by rendering holistic and family centered care involving the areas of community, administration, education and research.




Committee Members




HOD - Mrs.Smita Barmase

Members - Ms Priyanka Shinde

- Ms.Sanjana Pawar
- Ms.Nilam Kanse
- Ms.Sonal Kamble

Sr.No.	Date & Venue	Activity	Members Involved	Beneficiaries/Participation
1.	2/8/2024 Physiotherapy college K.J.Somaiya.	<p>Guest lecture on Lactational breastfeeding week.</p>   <p>Role Play and Public Lecture on Breastfeeding Week</p>	<p>Ms.Smita Ms.Priyan ka Ms.Sonal Ms.Nilam Ms, Sanjana</p>	<p>2nd year GNM and 5th sem Bsc.</p> <p>ANC AND PNC Mother and their caregiver.</p>
2.	23/9/24 to 28/9/24 K.J Somaiya College of Nursing	<p>Advance Research Methodology</p> 	<p>Ms.Smita Ms.Sanjan a Ms.Priyan ka MS.Sonal Ms.Torsha</p>	<p>Phd scholars from various department</p>

3				
4	<p>4th August, 11th August, 24th November & 1st December 2024.</p> <p>K.J Somaiya College of Nursing</p>	<p>Neonatal Resuscitation Workshop in collaboration with IAP (Indian Academic of Paediatric)</p> <p>Speakers-</p> <ul style="list-style-type: none"> - Ms Ratna Deore. Principal (Vedant Nursing School) - Ms Anita Hande Matron (LTMG Hospital) - Ms China Mogjam. Assistant lecture (K. J Somaiya college of Nursing) <p>Mrs. Neshwari F. (Seva Mandal Nursing College)</p>	<p>Ms. Smita Ms. Sanjana a Ms. Priyanka MS. Sonal</p>	<p>40 Students 2nd year GNM & 3rd year GNM VI sem Bsc Nursing</p>
5	<p>14/11/2024 Haladpada school</p>	<p>Children's Day Celebration</p>	<p>Ms. Smita Ms. Sanjana a Ms. Priyanka</p>	<p>School childrens</p>

		<div><p>Halledpada, Maharashtra, India RHTC Nerashwadi Halledpada, Maharashtra 401606, India Lat 20.047038° Long 72.918126° 14/11/24 03:42 PM GMT +05:30</p></div> <div><p>Halledpada, Maharashtra, India RHTC Nerashwadi Halledpada, Maharashtra 401606, India Lat 20.047038° Long 72.918126° 14/11/24 03:38 PM GMT +05:30</p></div> <div><p>Halledpada, Maharashtra, India RHTC Nerashwadi Halledpada, Maharashtra 401606, India Lat 20.047038° Long 72.918126° 14/11/24 03:04 PM GMT +05:30</p></div> <div><p>Halledpada, Maharashtra, India RHTC Nerashwadi Halledpada, Maharashtra 401606, India Lat 20.047038° Long 72.918126° 14/11/24 02:43 PM GMT +05:30</p></div>	Ms.Sonal	
--	--	--	----------	--

Obstetrics and Gynecological Nursing Department

Sr No	Date & Venue	Activity	Members involved
1.	Every Monday and Thursday Somaiya ANC OPD	DISHA session on Antenatal advises	- Dr. Shweta K - Ms. Neha W - Ms. Teresa V / Ms Neena N - Ms. Ankita M.
2.	29/04/24 to 04/05/24 9-10:30am 2 nd yr BSc classroom	Lecture series	- Dr. Shweta K - Ms. Teresa V - Ms. Ankita M - Ms. Neha W
3.	08/05/2024 9.30-11.00am 3 rd year BSc classroom	Midwifery Day celebration Guest Lecture - Mrs Anjali Kulthe (Cama Hosp)	- Dr. Shweta K - Ms. Teresa V - Ms. Ankita M - Ms. Neha W

4.	09/05/2024 11 am-1pm Antenatal OPD and ward	Patient education Programme	- Dr. Shweta K - Ms. Teresa V - Ms. Ankita M - Ms. Neha W - Ms Mayuri S
5.	13/08/24 & 20/08/24	Breast feeding week celebration Skit & role play at UPH (Pratiksha Nagar) & RPH (Sakharwadi) Postnatal mother Survey to rule out breast feeding issues.	- Dr. Shweta K - Ms. Teresa V - Ms. Ankita M - Ms. Neha W - 4 th year BSc Nsg students
6.	05/12/24	Exhibition on HIV awareness and prevention	- Dr. Shweta K - Ms. Neena N - Ms. Ankita M - Ms. Neha W
7.	09/12/24	CPD for MNC credit points Maternal and Newborn care for a positive postnatal Experience	- Dr. Shweta K - Ms. Neena N - Ms. Ankita M - Ms. Neha W

DEPARTMENTAL MEMBERS

Departmental Members



ACTIVITY 1



ACTIVITY 2



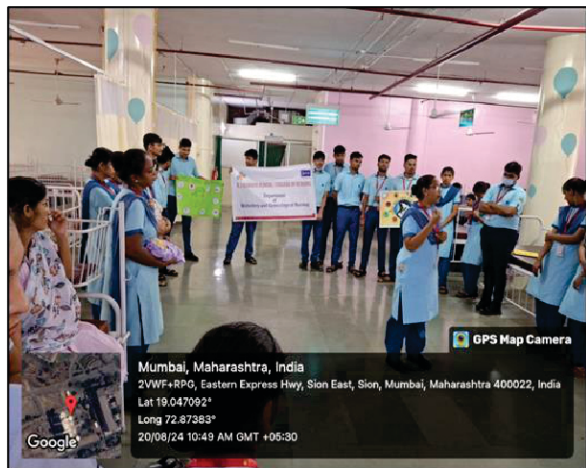
ACTIVITY 3



ACTIVITY 4



ACTIVITY 5



ACTIVITY 6



ACTIVITY 7



KJ Somaiya College of Nursing
Department of OBGYN Nursing
Organizing CNE on
Maternal & Newborn Care for a
Positive Postnatal Experience
9th December, 2024 at 10am-3pm
Registration Fee: ₹1500
Registration for CNE at KJ Somaiya website is compulsory
Registration link: <https://forms.gle/MILKCT5SHYK59>

TIME	PARTICULARS	RESOURCE PERSON
9.30am- 10am	Welcome & Lamp Lighting	Dr. Sharad B. Patil Asst. Professor & HOD Institute of Nursing Education, Sir JJ Hospital
10-10.50am	Normal Puerperium & Care	Dr. Pratibha Athare Principal & Professor Terna Nursing College
10.50-11.40am	Essential Newborn care	Dr. Pratibha Athare Principal & Professor Terna Nursing College
11.40 pm- 12.30pm	Psychological Changes in Puerperium	Dr. Pratibha Athare Principal & Professor Terna Nursing College
12.30 pm- 1.10pm	Lunch Break	
1.10 pm- 2 pm	Enhancing Positive Postnatal Experience	Dr. Geeta Niyogi MD, DGO (OBY & Gyn)
2 pm- 2.50 pm	Recent Practices in Maternal & Newborn care	Dr. Shweta Kishinagar Associate Professor KJ Somaiya CON
2.50 pm- 3 pm	Valedictory session	



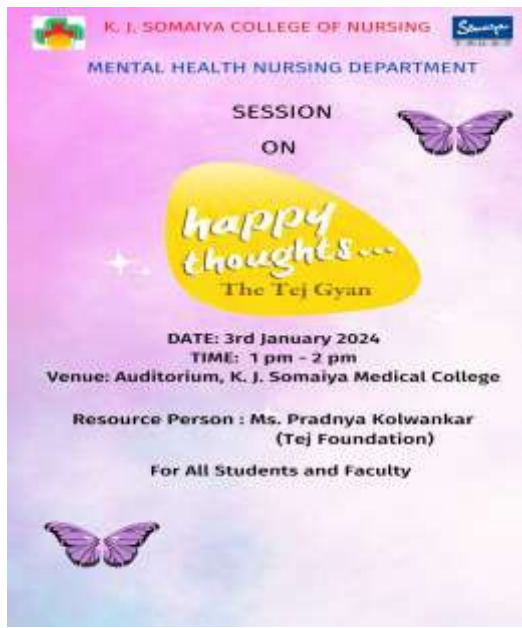
K J Somaiya College of Nursing
Mental Health Nursing Department
Activity Report 2024



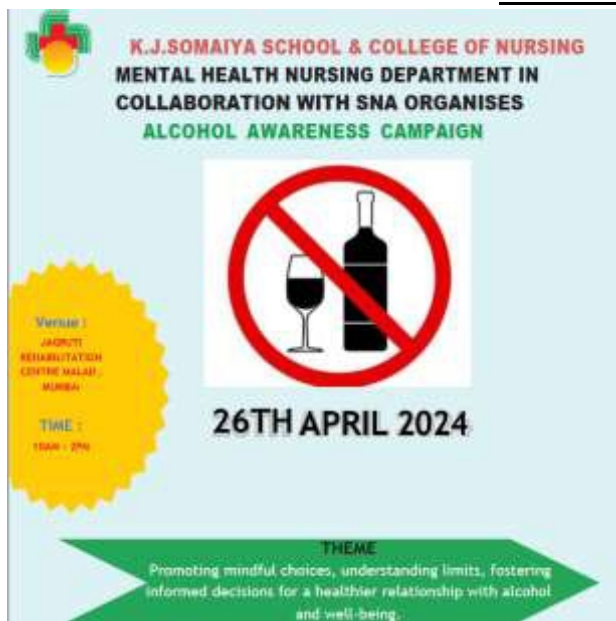
Sr No	Date & Venue	Activity	Members involved	Beneficiaries/ Participants
1	03/1/2024	Happy Thought session:Tej Gyan foundation	Mrs. Swati Athawale Ms. Ajita Chavan Ms. SnehalAnde Ms. Selvi Nadar Mr. YusufAli Ms. Akansha Pawar	117
2	26/4/2024	Alcohol Awareness Campaign:	Mrs. Swati Athawale Ms. Ajita Chavan Ms. SnehalAnde Ms. Selvi Nadar Mr.YusufAli	60
3	22/08/2024	ONLINE CNE (In Collaboration with ECHO) Theme: Promoting Mental health and emotional well being in the workplace: A Proactive Approach	Observer: Dr. Jayshree Salvi Mrs. Swati Athawale Ms. Ajita Chavan Ms. Snehal Ande Mr.Yusuf Ali Ms. Shifa Chaudhary Ms. Snehal Dohiphode	59
4	20/09/2024	WORLD Suicide Prevention Day	Mrs. Swati Athawale Ms. Shifa Chaudhary Mr. YusufAli	40

5	26/9/24	Awareness campaign on Alzheimers Disease	Mrs. Swati Athawale Ms. Ajita Chavan Ms. SnehalAnde Mr. YusufAli Ms. Shifa Chaudhary	20
6	11/10/2024	WORLD MENTAL HEALTH DAY Expert Talk by Ms. Kshitija Sawant, Counsellor	Mrs. Swati Athawale Ms. Shifa Chaudhary	19
7	21/10/2024	World Mental Health Day Mental Health First Aid Kit Competition	Mrs. Swati Athawale Ms. Shifa Chaudary Ms. Snehal Doiphode	48
8	22/10/2024	Mental Health Awareness and Guidance to students	Mrs. Swati Athawale Ms. Ajita Chavan Ms. SnehalAnde Mr. YusufAli Ms. Shifa Chaudhary	68

ACTIVITY 1



ACTIVITY 2



ACTIVITY 3



ACTIVITY 4&5



ACTIVITY 6



ACTIVITY 7



ACTIVITY 8



Teaching Faculty



Non-Teaching Faculty



Supportive Staff



2nd Year MSc.



1st Year MSc.



BSc Nursing 4 Year



BSc Nursing Semester V



BSc Nursing Semester IV



BSc Nursing Semester II



BSc Nursing Semester I & II



GNM 3rd Year



GNM 2nd Year



GNM 1st Year

